

# PACKING LIST

Keep one copy of this completed packing list at home for a record of your luggage in the unlikely event it is lost or damaged.

## TOILETRIES:

- Shampoo/conditioner
- Soap
- Glasses, contact lenses, contact lens solution
- Sunglasses & eyeglass strap
- Shaving cream & razor
- Toothbrush/toothpaste; floss
- Deodorant
- Comb/brush
- Fingernail clippers/file (not in carry on)
- Vitamins
- Sunscreen and aloe vera gel
- Lip balm or Chapstick
- Woolite
- Moleskin
- Medications -- make a copy of your prescriptions
- Ear plugs
- Premoistened towelettes
- Insect repellent (recommended with DEET)
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- \_\_\_\_\_

## PAPERWORK:

- Tickets/itinerary
- Documents: passport, drivers license, (make copies)
- Cash and/or traveler's checks
- Tip money (\$1s and small bills)
- Credit & telephone cards
- C-Cards & Logbooks
- Heath insurance card/DAN card/Emergency contacts
- Business cards
- Travel guide/book
- Reef/Marine ID Books
- Reading/writing materials (addresses!)
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## LUGGAGE:

- Casual clothes: shorts, t-shirts & tank tops
- Long sleeve shirts/sweatshirts/light jacket/sweater
- 1-2 pair of long pants
- 2-3 bathing suits
- Underwear, socks
- Pajamas or sweat pants
- Wide brim hat / bandana
- Swimsuit cover-up/sarong
- Trash bags for wet clothes on return trip
- Ziplock bags in varying sizes
- Water bottle
- Hard candies
- Land camera, film/memory, new batteries
- Batteries -- cameras & dive lights
- Sandals/walking shoes/hiking shoes (for island excursions)
- Backpack/fanny pack (for island excursions)
- Sewing kit
- Travel alarm clock
- Flashlight for boat
- Binoculars
- Rain gear/poncho/umbrella
- Laundry bag
- Baggage lock(s) (Travel Sentry approved)
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## DIVE GEAR:

- BC & weight pockets or weight belt
- Regulator & gauges or dive computer
- Computer manual
- Mask / Snorkel /Defog (extra mask if using prescription mask)
- Wetsuit & hood (recommend 5 or 7mm suit, hood/hooded vest)
- Fins
- Dive boots (lycra/cotton socks to prevent blisters)
- Gloves (1.5mm or 3mm)
- Dive skin
- Dive lights/extra bulbs/new batteries (backup light)
- Dive knife
- Underwater Camera, film/memory, new batteries
- Glow sticks / marker light
- Compass
- Tank banger
- Underwater slate/pencil
- Whistle/signaling device
- Surface safety sausage
- Oral/nasal resuscitation mask (pocket mask)
- Surface signaling mirror (or old CD)
- Reef hook
- Dive watch or other timing device
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## REPAIR/SPARE PARTS KIT:

- Fin straps & buckles
- Mask straps
- High pressure hose & clips
- Mouthpieces
- Zip ties
- Eightball / silicon snorkel keeper
- Leatherman / Swiss Army Set (not in carry on)
- Allen wrenches
- Pick set
- O-ring kit (Nitrox compatible)
- Wrenches
- Aqua seal
- Travel size mirazyme
- Duct tape
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## FIRST AID KIT:

- Sting swabs/relief pads/vinegar
- Band-aids or sterile dressings of various sizes
- Liquid Bandage
- Alcohol wipes
- Aloe vera gel [for burns and abrasions]
- Tweezers
- Isopropyl alcohol
- Ear drops
- Pepto Bismol (or Kaopectate)
- Immodium or Lomotil for severe diarrhea
- Antibiotic cream
- Motion sickness (patch, Bonine, Scopace, Dramamine)
- Eye drops
- Pain reliever (Tylenol, aspirin, Advil, cold, sinus, etc.)
- Antihistamine
- Thermometer
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